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JANUARY 2026



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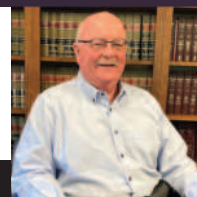
LOOKING FOR

- Antique/Quality Used Furniture
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- Military - Swords, Bayonets, Medals, Badges, Uniforms
- Clocks & Watches
- Dolls & Toys
- Books, Post Cards, Manuscripts
- Town Histories & Atlases
- Collectibles - Including Hummels, Doultons & Liadros
- Paper Weights
- Musical Instruments
- Thank You - My Interests Exceed This List!



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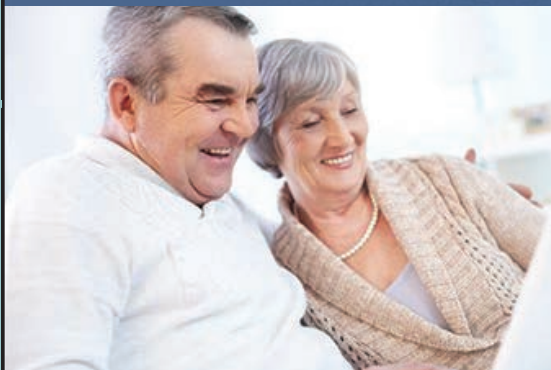


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Be Prepared... Not Overwhelmed!

Do you know a senior whose ability to perform their activities of daily living has changed? ie: bathing, dressing, grooming, meal preps, etc.

Do you know a senior whose caregiver/family member is finding it more and more challenging to care for their loved one?

Do you know a senior that has been or is about to be discharged from the hospital or Skilled nursing facility, but going home alone is not really an option at this time?

Do you know a senior that was recently diagnosed with Alzheimer's or Dementia and you have concerns and questions on how to navigate the healthcare maze and care options?

Do you know a senior seeking independent living, assisted living, memory care or home care support? This is one of the many services we provide to seniors and their families.

Do you know a senior that is concerned about their financial ability to cover the costs of upcoming care concerns?

Are you wondering what resources you can tap into in the community that could ease the burdens of the senior in their current or future circumstances?

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The Center, Duxbury, MA

04-0685

From the Heart of The Center

Reflections from Director Joanne Moore



Happy New Year!

New year, same goal: helping you Live Well. Age Strong. If cost has ever been a concern, I want you to know there are several low- or no-cost opportunities available through The Center.

Dial-A-Ride Transportation (Free for Duxbury Residents)

Thanks to a generous gift from the Friends of the COA, Dial-A-Ride is free of charge for Duxbury residents.

- **Where we go:** Duxbury, Kingston, Plymouth, Pembroke, and Marshfield
- **How to schedule:** Call Lauren Wallberg, Transportation Coordinator: 781-934-5774 ext. 5741
- **Timing:** Please request rides at least 48 hours in advance
- **Good to know:** Transportation is curb-to-curb. If you need additional assistance, please arrange for a companion to accompany you.

Lifelong Learning Scholarships

Want to take a class this semester, but cost is a concern? Scholarship funds are available to help cover Lifelong Learning fees.

- **Who it's for:** Anyone who would benefit from financial assistance to participate
- **How it works:** Have a confidential conversation before registering
- **Contact:** Alex Newcomb, Community Service Manager
- **Timing:** Scholarships are awarded before registration opens Monday, Feb. 9 at 10:00 AM

Free Farmer's Market

Thanks to the South Shore Community Action Council, we're pleased to offer a Free Farmer's Market once a month on Friday afternoons.

- **Next market:** Friday, January 9 at 1:00 PM
- **Future dates:** Please check with the front desk to confirm upcoming market dates.

If finances are making it hard to participate, please reach out. Alex Newcomb, Community Service Manager ext.5730, can connect you with options—confidentially and without any pressure.

Wishing you a happy and healthy 2026!

Warm regards,
Joanne



THE CENTER

10 Mayflower Street, Duxbury, MA

Phone: **(781) 934-5774**

Website: **TheCenterDuxbury.org**

MEET THE STAFF

Joanne Moore, *Director ext. 5700*

Angela Sinnott, *Assistant Director ext. 5701*

Christine Coakley, *Mgr of Volunteers ext. 5731*

Brooke McDonough, *Media Mgr ext. 5712*

Elissa Wyllie, *Finance Manager ext. 5705*

Jim Brooks, *Custodial Staff*

Community Services

Alex Newcomb, *Manager ext. 5730*

Jason Burke, *Intern ext. 5735*

Alisa Constantino, *Intern ext. 5551*

Food Service

Cathy Callahan, *Manager ext. 5721*

Abby Zelvis, *HDM Manager ext. 5710*

Kathy Carney, *HDM Coordinator ext. 5710*

Dina Teuten, *Café Coordinator ext. 5702*

Anne Irving, *Café Assistant*

Programs Team

Regan Roderigues, *Manager ext. 5715*

Barbara Peary, *Admin Coordinator ext. 5703*

Nancy McDermott, *Admin Coordinator ext. 5703*

Sharon Pisani, *Program Coordinator ext. 5714*

Tony Kelso, *Program Coordinator ext. 5711*

Social Day Program

Caren Harrison, *Manager ext. 5732*

Lynne McWilliams, *Assistant*

Deborah Bastoni, *Assistant*

Transportation

Lauren Wallberg, *Coordinator ext. 5741*

Medical Bus Drivers:

Bob Johnson, Bob Dame, Jim Dexter, Jack

Breen, Don Carney, Al Dibona, Suzanne Adduci

Introducing “The Current”

Our New Newsletter Design

Last month, we announced our new name and shared our new logo.

The Duxbury Senior Center is now known as **The Center**, a name that is simple, strong, and welcoming, reflecting our role as a central gathering place for the entire community, and a home away from home for older adults.

As we kick off a new year, we're excited to introduce our refreshed newsletter, **The Current!** This new design is brighter, cleaner, and easier to read, incorporating the colors of our new logo and highlighting all the great programs and services at The Center.

You'll also notice **QR codes** throughout—**just scan them with your phone to go directly to registration.**

This update is part of a larger refresh, including a brand-new website currently in the works to match our updated look. You'll see the new website address at the bottom of the page; once the site launches, the old address will still bring you there.

We hope these updates make staying connected to The Center easier—and more enjoyable—than ever.

To register for any of our programs, visit **thecenterduxbury.org**, and click Register Now, or, **scan the QR code** to go directly to the calendar.



MoveWell

Stretch, strengthen, and energize at The Center



How to Register for Fitness Classes at The Center

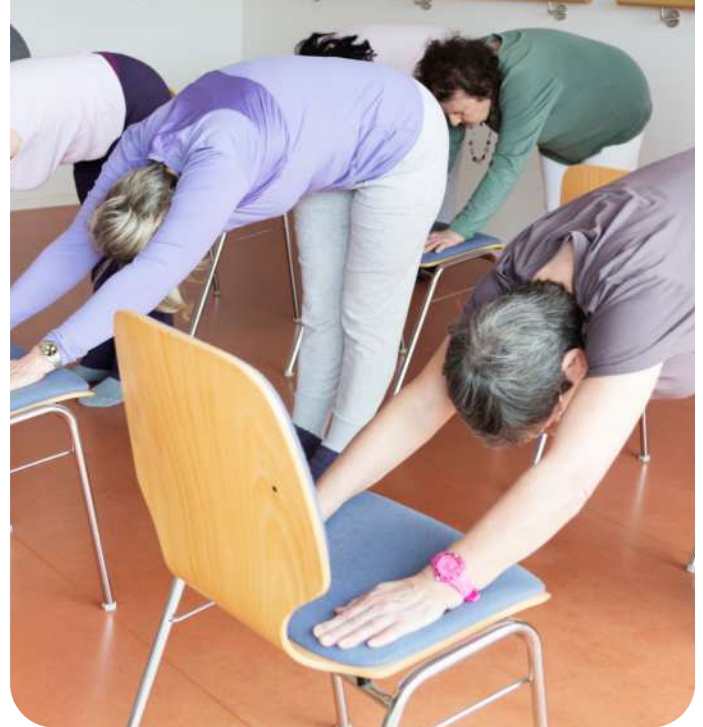
- Registration opens on the 15th of each month at 9:00 AM (or the next business day if the 15th falls on a weekend or holiday).
- Register online using our Fitness & Programs Calendar, by phone, or in person at the front desk.
- Many classes fill quickly and may have wait lists. To confirm your spot, payment is required before the new month begins.
- Class fees vary by program and are based on \$5 per class. You'll see all pricing when you register online, or you can ask the front desk. Occasionally, a special class may be offered at different pricing.

These guidelines help us be fair to everyone who is committed to staying active with us at The Center.

Questions about which class is right for you?



Talk with our staff about beginner-friendly options and any mobility or health concerns before you register.



Joining Virtual (Zoom) Classes

- Virtual classes are offered live on Zoom so you can participate from home.
- You must register and pay in advance to access your Zoom link in the Virtual Center.
- Log on to the Virtual Center through our website on the day of class to join.
- If you're new to the virtual classes, our staff can help you navigate to the Virtual Center ahead of time.

To register for Fitness classes, visit **thecenterduxbury.org**, click Register Now, or **scan the QR code** to go directly to the calendar.
Need assistance? Call 781 934-5774



Weekly Fitness Schedule

Pre-registration required for all fitness programs.



In-Person



Virtual

Mondays



8:00AM Power Stretch *with Gretchen*

9:30 AM Balance for Life with Chair assist *with Gretchen*

11:00AM Yoga Fitness with Chair Assist *with Kim*

12:00PM Yoga Fitness with Chair Assist *with Kim*

2:30PM Strength & Conditioning *with Gretchen*



9:30AM

Balance for Life with Chair Assist
Gretchen Via Zoom

Tuesday



8:30AM Beginner Pilates *with Kelly*

10:00 Pound Fitness *with Sharon*

11:00AM The Joy of Dance (Jazz) *with Ellen*

11:30 AM Healing Flow Yoga *with Emma*



1:00PM Mindfulness Group Meditation
with Cyndi

2:30PM Movement & Mental Clarity
with Roger

Wednesday



9:00AM Moderate Motion *with Mary*

10:30AM Tai Chi Next Steps *with Kathy*

10:30AM Slow Flow & Restore *with Susanne*

11:30AM Foundations of Tai Chi & Qi Gong *with Kathy*

2:00PM Healing Flow Yoga *with Emma*

3:30PM Zumba Gold Toning *with Debbie*



8:45 AM

Yoga Fitness with Chair Assist
with Kim via Zoom

Thursday



8:00AM Power Stretch *with Gretchen*

9:30AM Balance for Life with Chair Assist *with Gretchen*

10:00AM Pound Fitness *with Sharon*

11:00AM Empower Movement *with Mary Fran*

2:30PM Strength & Conditioning *with Gretchen*



9:30AM

Balance for Life with Chair Assist
Gretchen Via Zoom

Friday



9:00AM Moderate Motion *with Mary*

9:00AM Gentle Stretch & Flow Yoga *with Colleen*

To register for Fitness classes, visit
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scan the QR code to go directly to the calendar.
Need assistance? Call 781 934-5774



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The 2025 Annual Fund is in the mail!
Please support the Duxbury Senior Center
with your most generous donation today!

Your support allows us to continue to help
provide outstanding programs and services to
our friends and neighbors. *Thank you!*



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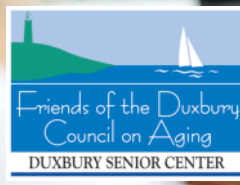


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The Center, Duxbury, MA

04-0685

Social Games & Community



Circle of Friends Conversation + Refreshments

 **January & February • 2:00–3:30 PM**
Mon 1/5 & 2/2 and Tues 1/20 & 2/17

A friendly, low-pressure way to connect—
great for new faces and longtime members.

Snack & Scrabble

 **Wednesdays in January • 1:30–4:30 PM**

Tea, a sweet treat, and
Scrabble—because winter is
long and vowels are scarce.
Come with a friend or meet
someone new.



Legacy Lounge (Men Only)

 **Monday, February 2, 2026 • 10:00–11:00 AM**



Coffee, snacks, and good conversation with
student intern Jason and other local men. Chat
about hobbies, travel, well-being, or whatever's
on your mind.

Learn to Play Whist

 **Wednesdays, February 11, 18 & 25**
1:30–3:30 PM



A 3-session workshop. Perfect for
beginners (or anyone who wants to
sharpen their game-night strategy).

Weekly Clubs & Drop-Ins

MONDAY

Crafty Ladies

10 AM–Noon

Bingo

4th Monday at 1 PM

TUESDAY

Rug Hookers

9 AM–Noon

ROOTS Genealogy

1–3 PM

Cribbage

1–3 PM

Memoir Writing

Last Tuesday of the Month
at 3PM

Please register

WEDNESDAY

Blood Pressure Clinic

11AM to 1PM

Tech Time

2–4 PM *by appointment*

THURSDAY

Social Bridge

10–Noon

Mah Jongg

Drop in 1–4PM

FRIDAY

Chess

10 AM–Noon

TOPS

9–11 AM

To register visit thecenterduxbury.org, click
Register Now, or **scan the QR code** to go directly
to the calendar. Need assistance?

Call 781 934-5774



Learning & Living Well

Learn something useful. Feel better doing it.



Duxbury on the Homefront: Life During the American Revolution



Wednesday, January 14 • 1:30 PM

Step back in time with Tony Kelso and explore what life was like in Duxbury during the American Revolution.

Duxbury Walks with Tony Kelso: Mayflower Cemetery



Thursday, January 22 • 11:00 AM

Join us for a guided walk at Mayflower Cemetery. **Weather dependent**—we'll park either at the First Parish Church or at The Center and walk the cemetery on level, shoveled paths.



Your Guide to Hiring a Contractor



Tue, Jan 27 • 10:00 AM

Learn how to protect yourself (and your wallet) with guidance on: red flags, questions to ask, checking references, ensuring safety, and protecting your investment.

Tips from the PT's: Pre-habilitation



Thu, Jan 29 • 2:00–3:00 PM

The PT's will discuss the benefits of physical therapy prior to joint replacement — and how “pre-hab” can support a stronger recovery.



BAY STATE
PHYSICAL THERAPY



YOU: The Owner's Manual — Calcium



Fri, Jan 30 • 10:00–11:00 AM

Join Dietetics Intern Rhyann to learn why calcium matters as we age, how much we need, and other key nutrients for healthy aging.

Navigating the Grocery Store



Wed, Feb 4 • 10:00 AM

Tips and tricks for smarter shopping: making a list, balanced shopping methods, reading nutrition labels, budgeting/saving/couponing, and more.



To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?

Call 781 934-5774



At Your Service



Tax Prep Services (AARP Tax-Aide)



Appointments open: Wed, Jan 14

Call 781-291-3858 (Google Voice). Leave your name, phone number, and best time to reach you. A team member will call you back to schedule your appointment. Pick up your tax packet at The Center after Jan 28.



Legal Advice

Most Fridays, we offer complimentary appointments with local attorneys. Appointments are approximately 15 minutes.



SHINE Consultations

(Serving the Health Insurance Needs of Everyone)

Free, unbiased help for Medicare beneficiaries and caregivers to navigate complex health insurance.



Meet with Your Representatives

- Senator Patrick O'Connor, Tuesday, January 20 at 12:00–1:00PM
- Representative Ken Sweeney, Friday, January 23 from 9:00– 11:00AM



Care Solace

A no cost to you 24/7/365 Mental Health and Social Service Care Coordination Service for the Town of Duxbury.

Phone: **1 (800) 515-7881** Visit Website: **caresolace.com/ma-duxbury**



Foot Care with Donna Golden, Certified NP/Foot Care Specialist



2nd Thursday of Each Month • \$40 Fee to Town of Duxbury due at check-in

Donna Golden specializes in keeping all feet healthy, including for medically compromised or diabetic patients. Call the front desk to schedule your appointment.



Hearing Health Clinic



Quarterly Clinics • Call The Center to Schedule Your Appointment

Don't miss out on life! Improve your hearing today. Call the front desk to schedule your appointment for a free hearing screening, hearing aid cleaning, or video ear exam.



You and Eye: Low Vision Support Group (Plymouth)



2nd Tuesday of each month • 10:00–11:30 AM

Registration appreciated; drop-ins welcome

A peer-led group for people with low vision and other sight limitations—resources, solutions, and shared experience.

Register: **MyActiveCenter** or call **508-830-4230** Location: **44 Nook Rd, Plymouth**

Health, Wellness & Support

Essential Oils: An Intro to Benefits

 **Monday, January 5 • 11:00 AM–12:00 PM • \$10**

Curious about essential oils? Join us for an interactive, beginner-friendly program on popular uses and wellness benefits. With Chris Ventura of doTERRA.



Embrace Better Health: Winter Wisdom for Improved Health

 **Mondays, Jan. 5 & 12**

 **In-person 10:00–11:00 AM • Virtual 1:00–2:00 PM • \$10**

Monday miniseries led by certified energy medicine practitioner, Nancy Denman. Participatory, fun, and informative techniques for all ability levels.

Reiki Energy Sessions

 **Friday, January 9 & Friday, January 16**
 **11:00 AM–1:00 PM • \$35/30-min. session**

A soothing, hands-on energy practice to promote relaxation, stress relief, and overall well-being. Wear comfortable clothing (eye mask optional). With Brunnie Getchell, Reiki Master Practitioner, Hypnotherapist, and Life Coach.



Let's Talk About Death: "What Should I Ask?"

 **Friday, January 9 • 10:30 AM**

A thoughtful discussion on end-of-life questions that can make conversations—and planning—easier for you and your family. Led by Cheryl Boteri, MS.



Being a Solo Ager

 **Tuesday, January 13 • 4:00–5:00 PM**

For older adults navigating aging without a partner, children, or nearby family. We'll talk planning, support systems, and building connection. With Cheryl Boteri.

LGBTQ Events 2026: Film & Discussion — The Gay Marriage Thing

 **Thursday, January 15 • 3:00 PM • Via Zoom**

Watch the documentary, then join a discussion (via Zoom) with director Stephanie Higgins. Everyone is welcome.



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Health, Wellness & Support

Let's Learn Together: Authentic Self at Any Age



Thursday, January 15 • 10:00–10:45 AM

A TED talk and discussion by Bevy Smith, followed by a friendly, open discussion with student intern Alisa on key takeaways.



Let's Talk About Our Mental Health



Tuesday, January 20 • 10:00–11:00 AM

An open conversation with intern counselor Alisa Costantino on anxiety/stress, coping skills, self-care, self-compassion, and empathy.

Understanding iCloud and Your Apple Account (for iPhone & iPad Users)



Wednesday, January 21 • 2:00 PM or 4:00 PM • \$10

Note: the 2:00 PM class must fill in order to hold the 4:00 PM class.

A practical overview of the iPhone/iPad Settings app—learn where to find Apple account info, manage what's stored on iCloud, and synchronize devices.



Sound Bath



Friday, January 23 • 1:00 AM–12:00 PM • \$5

Crystal singing bowls + calm nervous system energy with Jennifer Adams. Basically: a reset button. Space limited.

How Mindfulness Changes the Emotional Life of Our Brains



Monday, January 26 • 11:00 AM–12:00 PM

Watch a short TED talk (about 20 minutes), then stay for a guided group discussion and reflections with intern Jason Burke.



To register visit **thecenterduxbury.org**, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?
Call 781 934-5774

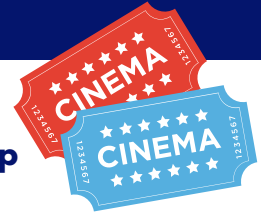


Arts, Culture & Travel

Humphrey Bogart Films (with film expert John Riccio)



Jan 3: Casablanca | Jan 17: African Queen | Jan 31: The Big Sleep
12:30 to 3:30 PM



Watch, learn, discuss—and fall in love with classic film again.

Watercolor & Doodles



Wed, Jan 14 | 2:00–4:00 PM | \$15 (all supplies included)

Come play with watercolor + doodles and learn a few new tricks along the way. You'll create a set of elements you can use to decorate notecards, envelopes, or your sketchbook. (Feel free to bring your own sketchbook or watercolors, if you'd like.)

American Art Explored

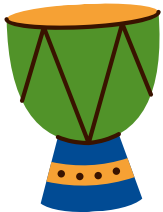


Wed, Jan 21, 2026 | 10:00 AM

Wed, Jan 28, 2026 | 1:30 PM



Experience American paintings through time—from early folk art to realism to modern/abstract works. Join local art historian Jill Sanford for an engaging, guided hour designed for artists and non-artists.



Drum Circle (with Ed Sorrentino)



Fri, Jan 30 | 11:00 AM | \$10



Unleash your inner rhythm in this new monthly class. Drum circles are a fun, welcoming way to reduce stress, boost mood, and connect with others—no experience needed.

Going Places: Pack a Snack...or a Suitcase!



A presentation about the March/April Journey to Spain with The Center!



Wed, Feb 11 • 3:00 PM



Learn about Journey Through Spain: Madrid to Barcelona (March 30–April 9, 2026).

To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?

Call 781 934-5774



Literary Circle

Author Events January & February 2026



Chris Carazas, *Now That I'm Still Here*



**Tuesday, January 6
3:00PM at The Center**

No cost to attend, complimentary afternoon tea.

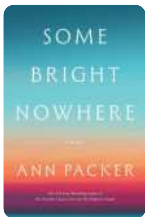


Annie Guest, *Design for Your Mind*



**Thursday, January 6
3:00PM via Zoom**

Signup to get the Zoom Link.

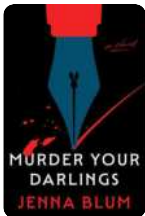


Ann Packer, *Some Bright Nowhere*



**Tuesday, January 7
1:00PM at The Center +Lunch**

Luncheon \$15, Author talk is FREE and begins at 1:30.

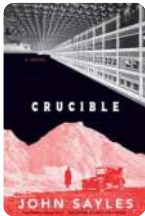


Jenna Blum, *Murder Your Darlings*



**Thursday, February 5
1:00PM at The Center + Lunch**

Luncheon \$15, Author talk is FREE and begins at 1:30.



John Sayles, *Crucible*



**Thursday, February 12
1:00PM at The Center +Lunch**

Luncheon \$15, Author talk is FREE and begins at 1:30.



Mark Ciccone, *Secrets Among Friends*



**Thursday, February 19
3:00PM at The Center**

No cost to attend, complimentary afternoon tea.

booked.

Enjoy author events in partnership with Booked, a local independent bookstore, offering the community an opportunity to connect with writers, explore new books, and celebrate the joy of reading.

How to Register

To register, visit thecenterduxbury.org
Click Register Now, or **scan the QR code** below to go directly to the calendar on Schedules Plus.

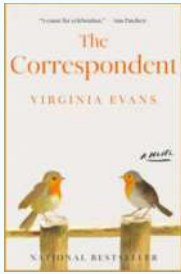


To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?

Call 781 934-5774

Literary Circle

Connect, discuss, and celebrate the written word



The Correspondent (Book Talk & Conversation)



Tuesday January 13 • 1:00 PM

Join us for a lively conversation about the bestselling novel *The Correspondent* by Virginia Evans. Led by Carol Jankowski, former Duxbury Free Library Director and reading advocate.

Optional Lunch: \$6 Bag lunch (chicken salad sandwich, chips & cookie), order at registration.

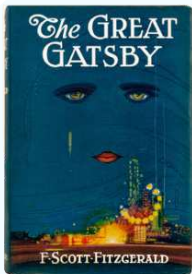
J.D. Salinger: A Literary Life of Genius, Trauma & Seclusion



Tuesday, January 20 • 1:30 PM

Join David Pallai for a captivating, fast-paced journey into the life, legacy, and lasting mystery of J.D. Salinger—an author who changed American fiction forever.

Bonus: Holden Caulfield would approve... no phonies allowed.



Timeless Tales Bookclub (Classic Reads Series)



Jan 13: *The Great Gatsby* — F. Scott Fitzgerald

Feb 10: *The Catcher in the Rye* — J.D. Salinger

March (TBD): *The Wind in the Willows* — Kenneth Grahame

A Journey Through Classic Literature—one great book at a time.
Facilitated by Shelley Sommer (former school librarian & middle school literature teacher)

Save the Date!



Spring Lifelong Learning Registration



Registration Begins Mon, Feb 9 at 10AM

- In-person registration: Feb 9 & 10 • 10:00 AM–Noon
- No phone reservations on 2/9 or 2/10

To register online, visit the website and click Register for a Lifelong Learning Program

To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?

Call 781 934-5774



The Center Café

Healthy meals and friendly faces at The Center Café

Menu & Pricing

Breakfast

Served from 8:30am to 10:30am* Monday-Friday

Egg Sandwich with Cheese.....	\$3.00
Add Bacon or Sausage.....	+\$1.00
English Muffin.....	\$1.00
House Baked Treats.....	\$1.00

*Coffee available until 11:00

Lunch*

Served from 11:30am to 1:00pm Monday-Thursday**

Hot Entree.....	\$6.00
Sandwich of the Day.....	\$5.00
Salad Plate.....	\$5.00
Sandwich (Turkey, Tuna, Chicken Salad)...	\$3.00
Soup.....	\$3.00/4.00

*Chips, beverages, and desserts sold separately

** Orders taken starting at 11:15

A La Cart Items

Chips & Snacks.....	\$1.00
Desserts.....	\$2.00
Brownie or Cookie.....	\$1.00

Beverages

Coffee/Tea.....	\$1.00
Bottle Drinks.....	\$1.00
Seasonal Beverages.....	\$1.00

Café Hours

Monday

8:30AM-1:00PM

Tuesday

8:30AM-1:00PM

Wednesday

8:30AM-1:00PM

Thursday

8:30AM-1:00PM

Friday

8:30AM-10:30AM

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Continuing the Conversation on Making Duxbury Livable for All Ages



Bittersweet Transitions: Giving Up Your Home & Moving



 **Wednesday, January 14 4:00-5:00PM**

Let's have a conversation about how you and your family are feeling about selling the family home. Led by Cheryl Botieri, MS End of Life Educator, Family Support Specialist & End of Life Doula.

Using GATRA Services & Getting a Charlie Card

 **Wednesday, January 21 10:30AM**

Learn how you can access reduced fares to use the GATRA loop service and take the MBTA train. Complete an application for a reduced rate card for seniors 60+.



Getting Prepared for What Lies Ahead: Housing Finance options for staying or moving from your home.

 **Wednesday, January 28 4:00-5:00PM**



Explore financing options from home equity lines or loans, forward or reverse mortgages for your unique financial situation. Anne Antonellis, President and Owner of Duxbury Mortgage Services, Inc.

To register, visit thecenterduxbury.org
Click Register Now, or **scan the QR code**
to go directly to the calendar.



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Please Support The Friends!

This newsletter is sponsored by The Friends of the Duxbury COA

The Friends of The Duxbury Council on Aging

It is the mission of the Friends to assist the Duxbury Council on Aging in providing services, resources, and activities for seniors in the Town of Duxbury; enriching the programs at The Center and raising, holding, and dispensing funds for the accomplishment of the goals of the Duxbury Council on Aging.

Ways to Give



Make a donation online by credit card

Visit TheCenterDuxbury.org/Donate or Scan the QR Code



Mail a Check a Payable to:

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PO Box 2113, Duxbury MA 02331



Planned/Estate Giving

Designate **Friends of the Duxbury Council on Aging, Inc.**, as a beneficiary under your will or planned giving instrument.

Friends of the Duxbury Council on Aging, Inc., is a registered a 501c3 charity: Tax ID#22-2979362



Participate in Our Fundraising Events

- Annual Appeal: Happening Now!
- Duxbury Half Marathon
- Duxbury COA Golf Outing

For more information on these events or to learn how to get involved, visit **TheCenterDuxbury.org** or call 781-934-5774.

Thank you!

We are grateful for your generous gifts!

Michael McCarthy
in memory of
Rosemary McCarthy

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Did you know that **1 in 10 Massachusetts residents** has unclaimed property waiting for them?

It could be an old bank account, a forgotten insurance policy, uncashed checks, or even a safe deposit box you didn't know existed.

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This information is provided as a public service. Searching state unclaimed property databases is always free. Never pay anyone to search on your behalf.



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Katrina McGrail
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compass.com

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