



Duxbury Senior Center Alzheimer's Resource Guide

At the Duxbury Senior Center, we recognize the profound impact that Alzheimer's disease and other forms of dementia can have on individuals, families, and caregivers. This resource guide is designed to offer comprehensive information, support, and local resources to help navigate the challenges of Alzheimer's care. Our goal is to provide families with tools to make informed decisions, plan for the future, and access the care and support they need at each stage of the disease. Whether you're seeking guidance on caregiving, legal planning, or finding specialized care, this guide will serve as a trusted companion throughout your journey.

Local Neurologists and Testing Sites

- **Beth Israel Deaconess – Plymouth**
 - Address: 275 Sandwich St, Plymouth, MA 02360
 - Phone: (508) 746-2000
- **Boston Center for Memory – Newton**
 - Address: 475 Washington St, Suite 3, Newton, MA 02458
 - Phone: (617) 658-1881
- **Spaulding Rehabilitation Hospital – Hingham**
 - Address: 1 Shipyard Dr, Hingham, MA 02043
 - Phone: (781) 624-8959
- **South Shore Hospital Neurology – Weymouth**
 - Address: 55 Fogg Rd, Weymouth, MA 02190
 - Phone: (781) 624-8800

Additional Neurologists and Testing Sites

- **Beth Israel Deaconess Medical Center - Memory Disorders Unit**
330 Brookline Avenue, Boston, MA
Phone: (617) 667-4074
 - **Boston Center for Memory**
180 Wells Avenue, Newton, MA
Phone: (617) 699-6997
 - **Massachusetts General Hospital - Memory Disorders Unit**
55 Fruit Street, Boston, MA
Phone: (617) 726-1728
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Online Support for Alzheimer's

- **Alzheimer's Association Support Groups (Massachusetts Chapter)**
Website: alz.org/manh
Helpline: 1-800-272-3900
- **ALZConnected (Alzheimer's Online Community)**
Website: alzconnected.org
- **Facebook Caregiver Support Groups**
Join groups like **Alzheimer's & Dementia Caregivers Support** on Facebook.
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Senior Behavioral Health Services

- **Beth Israel Deaconess Hospital - Plymouth Senior Behavioral Health Center**
275 Sandwich Street, Plymouth, MA
Phone: (508) 732-8700
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Recommendations from the Duxbury Police Department

- 1.) The use of various camera systems in and outside the home with notifications setup. Using an application such as Life360 or find my phone turned on for an iPhone. Home security systems with notifications may also be helpful in that the opening and closing of doors can be monitored.
- 2.) Plymouth County Sheriffs have a program called SafetyNet. Your loved one would wear a bracelet so Law Enforcement can find them if they wander using a specific radio receiver. More information can be found at safetynettracking.com
- 3.) In the event that your loved one goes missing please report it via 911 as soon as possible. Our Officers can come out, do a search via cruisers and using a K9. The sooner we know about it the faster we can find them. People tend to wander to places they remember in their past, they may continue walking even when injured and are unaware of the dangers of weather or time of day.

Recommendations from the Duxbury Police Department - Driving

The Duxbury Police also are a resource to discuss options and concerns regarding driving. In certain circumstances police have the authority to file an immediate threat form with the RMV which may result in the license to be suspended. You may contact Duxbury Police Sergeant Andrew Homestead at ahomestead@duxbury-ma.gov or (781) 934-5656 x5930 to discuss this option further.

If your loved one is involved in an incident or crash and receive a RMV notice of license suspension for an immediate threat they do have a right to appeal. That information is on the notice. The process typically occurs as follows:

- Law enforcement receive a call about driving, respond to a crash, or have some other interaction with a person which leads them to believe they can no longer drive safely.
- The Officer completes a police report along with an RMV immediate threat application and submit it to the RMV.
- The RMV reviews that information and faxes the notice of license suspension to the police department.
- The police department sends an officer to the home and serves the notice. This typically occurs within 24 hours of the incident but that time frame can fluctuate based upon working hours of the RMV.

For non-emergencies and to just ask questions please contact Duxbury Police Sergeant Andrew Homestead at ahomestead@duxbury-ma.gov or (781) 934-5656 x5930.

Local Elder Law Attorneys in Duxbury Area

- **Law Office of Paula P. Nikiforos**
 - Address: 48 Depot St, Duxbury, MA 02332
 - Phone: (781) 934-8700
 - **Delaney & Muncey, P.C.**
 - Address: 20 East St, Hanover, MA 02339
 - Phone: (781) 826-6225
 - **Lynch & Owens, P.C.**
 - Address: 62 Derby St, Hingham, MA 02043
 - Phone: (781) 253-2049
 - **The Law Office of Linda M. McLarnon-Redding**
 - Address: 95 Court St, Plymouth, MA 02360
 - Phone: (508) 746-2500
 - **Law Office of James E. Grumbach**
 - Address: 31 Schoosett St, Pembroke, MA 02359
 - Phone: (781) 829-9100
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Local Adult Day Programs and Memory Cafés

- **Duxbury Senior Center Adult Day Program**
 - Address: 10 Mayflower St, Duxbury, MA
 - Phone: (781) 934-5774
 - **Plymouth Memory Café**
 - Address: 44 Nook Rd, Plymouth, MA
 - Phone: (508) 830-4230
 - **Norwell Memory Café**
 - Address: 293 Pine St, Norwell, MA
 - Phone: (781) 659-7878
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Home Care Agencies in Duxbury Area

- **Visiting Angels**
 - Address: 334 Washington St, Norwell, MA
 - Phone: (781) 834-6355
- **South Shore Home Care**
 - Address: 1515 Washington St, Braintree, MA
 - Phone: (781) 848-3910
- **Comfort Keepers**
 - Address: 8 Pembroke St, Kingston, MA
 - Phone: (781) 585-7777
- **Home Instead Senior Care**

- Address: 293 Winter St, Hanover, MA
 - Phone: (781) 924-5694
 - **Right at Home**
 - Address: 20 East St, Hanover, MA
 - Phone: (781) 792-2800
 - **Caring Hearts Home Care**
 - Address: 80 Washington St, Norwell, MA
 - Phone: (781) 659-0772
 - **Senior Helpers**
 - Address: 25 Tremont St, Duxbury, MA
 - Phone: (781) 924-1345
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Assisted Living Memory Care Communities in Duxbury Area

- **The Village at Duxbury**
 - Address: 290 Kingstown Way, Duxbury, MA
 - Phone: (781) 585-2334
 - **Allerton House at Harbor Park**
 - Address: 15 Condito Rd, Hingham, MA
 - Phone: (781) 749-3322
 - **Bridges by EPOCH – Pembroke**
 - Address: 49 Cross St, Pembroke, MA
 - Phone: (781) 829-4799
 - **Sunrise of Cohasset**
 - Address: 125 King St, Cohasset, MA
 - Phone: (781) 383-6300
 - **Benchmark Senior Living – Plymouth Crossings**
 - Address: 157 South St, Plymouth, MA
 - Phone: (508) 830-4744
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Professional senior living consultants

Family Choices for Dementia

Patti Sullivan, Senior Advisor / Owner

Certified Dementia Practitioner

Certified Dementia Support Group Facilitator

Phone: 781-686-6247

www.fcfd.care

Care Patrol of Plymouth/Cape Cod

Dave Hood , Senior Advisor/Owner

(508) 965-0989

Driving Testing and Assessment Centers: Spaulding Rehabilitation Centers

- **Spaulding Rehabilitation Hospital – Plymouth**
 - Address: 1 Scobee Cir, Plymouth, MA 02360
 - Phone: (508) 927-6000
- **Spaulding Rehabilitation Hospital – Sandwich**
 - Address: 311 Service Rd, East Sandwich, MA 02537
 - Phone: (508) 833-4000
- **Spaulding Rehabilitation Hospital – Braintree**
 - Address: 250 Pond St, Braintree, MA 02184
 - Phone: (781) 348-2500
- **Spaulding Rehabilitation Hospital – Boston**
 - Address: 300 1st Ave, Charlestown, MA 02129
 - Phone: (617) 952-5000

Additional Driving Testing and Assessment Centers

Beth Israel Deaconess Medical Center - DriveWise Program

330 Brookline Avenue, Boston, MA

Phone: (617) 667-4074

Newton-Wellesley Driving Evaluation Program

2014 Washington Street, Newton, MA

Phone: (617) 243-6172

Elder Law Attorneys

Most Fridays, the Duxbury Senior Center offers complimentary appointments with local attorneys. Please call 781-934-5774, ext. 5703 to schedule an appointment with an attorney. Appointments are limited to approximately 15 minutes.

DesRosiers & Tierney, LLC

21 Railroad Avenue, Suite 2

Duxbury, MA

(781) 934-5060

Patrick Kelliher

175 Derby Street, Suite 30

Hanover, MA

(781) 871-3111

Delaney & Muncey, P.C.

166 Bay Road

Duxbury, MA

(781) 934-9620

Law Office of Alexis B. Levitt

167 Washington Street
Norwell, MA 02061
(781) 740-7269

John E. McCluskey, Esq., P.C.

1325 Belmont Street
Brockton, MA 02301
(508) 583-2221

Home Care Agencies**North River Home Care**

<https://www.northriverhc.com/>
275 Longwater Drive, Norwell
781-659-1366

Senior Helpers

<https://www.seniorhelpers.com/ma/south-shore/>
75 Washington St. Suite 203, Norwell
781-421-3123

Visiting Angels

<https://www.visitingangels.com/southshore/home>
475 School Street, Suite 15, Marshfield
781-834-6355

NVNA Works

<https://www.nvna.org>
120 Longwater Dr, Norwell
781- 871-1040

Home Sweet Home Health Services

<https://www.hshhealth.com>
PO Box 95, Hull
781-773-8338

Home Instead

<https://www.homeinstead.com/location/475/>
427 Washington St, Norwell
781-878-2994

Old Colony Elder Services (OCES) State subsidized home care services for seniors

<https://www.ocesma.org>

144 Main Street
Brockton, MA 02301
(508) 584-1561

Hospice Care Providers

Cranberry Hospice & Palliative Care
36 Cordage Park Circle, Plymouth, MA
Phone: (508) 746-0215

Beacon Hospice - Amedisys Company
32 Resnik Road, Plymouth, MA
Phone: (508) 747-7222

Old Colony Hospice
321 Manley Street, West Bridgewater, MA
Phone: (781) 341-4145

Meal Delivery Services

Meals on Wheels - Old Colony Elder Services (OCES)
Phone: (508) 584-1561
Website: www.ocesma.org

Duxbury Senior Center Meal Delivery Program
10 Mayflower Street, Duxbury, MA
Phone: (781) 934-5774

Mom's Meals
Phone: 1-877-508-6667
Website: www.momsmeals.com

Skilled Rehabilitation and Nursing Homes

Bay Path Rehabilitation & Nursing Center
308 Kingstown Way, Duxbury, MA
Phone: (781) 585-5561

Wingate at Silver Lake
17 Chipman Way, Kingston, MA
Phone: (781) 585-4100

Plymouth Harborside Healthcare

19 Obery Street, Plymouth, MA

Phone: (508) 746-4343

Life Care Center of Plymouth

94 Obery Street, Plymouth, MA

Phone: (508) 747-9800

Southwood at Norwell Nursing Center

501 Cordwainer Drive, Norwell, MA

Phone: (781) 982-7450

Local Assisted Living Communities**Village at Duxbury**

290 Kingstown Way, Duxbury, MA

Phone: (781) 585-2334

Laurelwood at The Pinehills

10 Golf Drive, Plymouth, MA

Phone: (508) 927-6346

Allerton House at Duxbury

290 Kingstown Way, Duxbury, MA

Phone: (781) 585-7136

Stafford Hill Assisted Living

60 Stafford Street, Plymouth, MA

Phone: (508) 830-9990

Bridges by EPOCH at Pembroke

49 Cross Street, Pembroke, MA

Phone: (781) 754-4500

Transportation Services**Duxbury Senior Center Transportation**

Phone: (781) 934-5774

GATRA (Greater Attleboro Taunton Regional Transit Authority)

Phone: (800) 483-2500

Website: www.gatra.org

The Ride (MBTA)

Phone: (617) 222-5123

Website: www.mbtta.com/theride

VA Benefits Assistance**Duxbury Veterans' Services Officer (VSO)**

878 Tremont Street, Duxbury, MA

Phone: (781) 934-5774

Low Vision Resources**Carroll Center for the Blind (<https://carroll.org>)**

Located in Newton, The Carroll Center serves people of all ages who are blind or visually impaired. Campus or community-based programs include independent living skills, computer training, orientation & mobility training, education, and employment services, and an outdoor enrichment program.

770 Centre Street

Newton, MA 02458

(617) 969-6200 or (800) 852-3131

Deaf Inc. (<https://www.deafinonline.org>)

Provides social/recreational activities and SSR volunteer services for Deafblind individuals during events. Also provides training and education about deafblindness.

215 Brighton Ave

Allston, MA 02134

(617) 505-4823 VP/V or (617) 254-4041 TTY/V

Massachusetts Commission for the Blind

(<https://www.mass.gov/orgs/massachusetts-commission-for-the-blind>)

MCB is part of the state's Executive Office of Health and Human Services. MCB provides rehabilitation and social services to legally blind residents of the Commonwealth of Massachusetts.

(617) 727-5550

Massachusetts Eye & Ear Infirmary Vision Rehabilitation Center

(<https://masseyeandear.org/specialties/vision-rehabilitation>)

The Vision Rehabilitation Center at Mass Eye & Ear offers vision evaluation by a low vision specialty team, evaluation for optical aids and devices, and training for their use. Services also include evaluation for daily living skills, reading machines, computer software adaptations, psycho-social counseling, and the sale of optical non-optical devices and CCTV's.

243 Charles Street

Boston, MA 02114

(617) 573-4177

National Braille Press

(<https://www.nbp.org>)

A nonprofit braille printer and publisher offering braille books, magazines, textbooks, tests, and customized embossing services.

88 St. Stephen Street

Boston, MA 02115

(617) 266-6160

Toll-free: (888) 965-8965

Perkins School for the Blind

(<https://www.perkins.org>)

The Perkins Braille and Talking Book Library provides free Braille, large-print, and recorded books; audio-described videos; and Newslines, a telephone-based newspaper listening service. Perkins Outreach Services to Elders offers community-based and center-based services to seniors 60+ who are legally blind. The Howe Press manufactures and sells the Perkins Braille and other products for people who are blind or visually impaired.

175 North Beacon Street

Watertown, MA 02472

(617) 972-7240 or (800) 852-3133 (New England only)

E-mail: library@perkins.org

Sight Loss Services, Inc.

(<http://www.sightloss.org>)

Provides peer support, information and referral, and home independence training to individuals on Cape Cod & the Islands who are learning to cope and function safely and independently with the loss of sight.

(508) 394-3904 or (800) 427-6842 (MA only)

E-mail: sightloss@capecod.net

Talking Information Center (TIC)

(<https://ticnetwork.org>)

The radio reading service for persons with a print disability in Massachusetts. See web site for affiliates that provide current print information to residents with a print disability in their areas.

P.O. Box 519 130 Enterprise Drive

Marshfield, MA 02050

(781) 834-4400 or (800) 696-9505

Visual Impairment Services Team (VIST) at the Boston Veterans Administration

(https://www.boston.va.gov/services/Low_Vision_and_Blind_Rehabilitation.asp)

Provides services to veterans who are legally blind whether or not they are service-connected for their blindness. Benefits review and psychosocial assessments are completed on all veterans and appropriate referrals to community and V.A. agencies are made.

(800)865-3488