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- Thank You - My Interests Exceed This List!



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Asset Protection • Elder Law

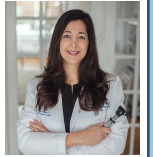


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The Center, Duxbury, MA

04-0685

From the Heart of The Center

Reflections from Director Joanne Moore



Celebrating the Fourth of July and America's 250th Anniversary

This year's Fourth of July celebration in Duxbury promises to be especially meaningful as our community joins the nation in preparing to commemorate America's 250th anniversary. The **Duxbury Fourth of July Parade Committee** has been hard at work planning a series of events that honor our shared history while bringing residents, families, and friends together for fun-filled community celebrations. Check out their complete list of events at <https://www.duxburycelebrates.com/july-events>.

In addition to the holiday celebrations, we will celebrate the summer with a wide array of outdoor activities.

- Enjoy an evening of music with our Outdoor concert on Saturday, July 11th- South Shore Bay Band- this is a free event
- Beach Bound with The Center. No beach sticker? No beach chair? No problem! Enjoy a trip to Duxbury Beach with Friends. Tuesday, July 14th and 28th - this is a free event
- Swing into summer with the Men's or Women's Golf League. The men meet on Tuesdays at North Hill and Women on Wednesdays. No commitment to play every week. For more details and to register, please contact Regan at reganroderiques@duxbury-ma.gov

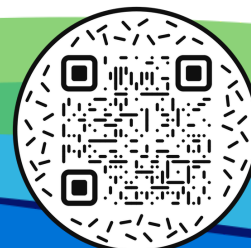
We will also begin a yearlong series of historical education programs, reenactments, and field trips in recognition of our nation's 250th anniversary.

Join us for the first program in the series on Wednesday, July 1, from 2:00 to 3:00 PM, when Duxbury historian Tony Kelso presents **"Four Duxborough Tales of the Revolution."** This compelling program will highlight several well-known Duxbury residents, including an Alden, two Wadsworth fellows, and a Barton.

As we celebrate the Fourth of July and look ahead to America's 250th anniversary, we are reminded of the importance of honoring the past, celebrating the present, and coming together as a community. **We hope you will join us for these special events and be part of this historic celebration.**

Warm regards,

Joanne





THE CENTER

10 Mayflower Street, Duxbury, MA

Phone: **(781) 934-5774**

Website: **TheCenterDuxbury.org**

MEET THE STAFF

Joanne Moore, *Director ext. 5700*

Angela Sinnott, *Assistant Director ext. 5701*

Christine Coakley, *Mgr of Volunteers ext. 5731*

Brooke McDonough, *Media Mgr ext. 5712*

Elissa Wyllie, *Finance Manager ext. 5705*

Jim Brooks, *Custodial Staff*

Community Services

Molly DelGrosso, *Manager, 5730*

Ellen Jones, *Mental Health Navigator, 5551*

Jason Burke, *Intern ext. 5735*

Food Service

Cathy Callahan, *Manager, ext. 5721*

Abby Zelvis, *HDM Manager, ext. 5710*

Kathy Carney, *HDM Coordinator, ext. 5710*

Dina Teuten, *Café Coordinator*

Anne Irving, *Café Assistant*

Programs Team

Regan Roderigues, *Manager ext. 5715*

Barbara Peary, *Admin Coordinator ext. 5703*

Nancy McDermott, *Admin Coordinator ext. 5703*

Sharon Pisani, *Program Coordinator, ext. 5714*

Tony Kelso, *Program Coordinator ext. 5711*

Social Day Program

Caren Harrison, *Manager ext. 5732*

Lynne McWilliams, *Assistant*

Transportation

ext. 5741

The Center Hours
Mon–Thurs, 8 AM to 5 PM,
Fri, 8 AM to noon

Program Registration opens

Monday, June 22, at 9 AM

*Fitness Registration opens on July 15
for August classes.*

*The Center will be closed on July 3 to celebrate
Independence Day.*

NEW

The Center Pop-up Resources

Bay Path Rehab and Nursing Center

**Meet Katie Crawford and Bethany
O'Connor and find out why Bay Path was
named Best Nursing Home by U.S. News
and World Report in 2026.**

**Bay Path also has a five-star quality
rating by the Centers for Medicare &
Medicaid.**

Drop in to meet Katie on
Wednesday, July 22
from 11:00 to 1:00 PM, in the Front Lobby.



To register for any of our programs,
visit **thecenterduxbury.org**, and click
Register Now, or, **scan the QR code** to go
directly to the calendar.



Move Well

Stretch, strengthen, and energize at The Center



How to Register for Fitness Classes at The Center

- Registration opens on the 15th of each month at 9:00 AM (or the next business day if the 15th falls on a weekend or holiday).
- Register online using our Fitness & Programs Calendar, by phone, or in person at the front desk.
- Many classes fill quickly and may have wait lists. To confirm your spot, payment is required before the new month begins.
- Class fees vary by program and are based on \$5 per class. You'll see all pricing when you register online, or you can ask the front desk. Occasionally, a special class may be offered at different pricing.

These guidelines help us be fair to everyone who is committed to staying active with us at The Center.

Questions about which class is right for you?



Talk with our staff about beginner-friendly options and any mobility or health concerns before you register.



Joining Virtual (Zoom) Classes

- Virtual classes are offered live on Zoom so you can participate from home.
- You must register and pay in advance to access your Zoom link in the Virtual Center.
- Log on to the Virtual Center through our website on the day of class to join.
- If you're new to the virtual classes, our staff can help you navigate to the Virtual Center ahead of time.

To register for Fitness classes, visit **thecenterduxbury.org**, click Register Now, or **scan the QR code** to go directly to the calendar.
Need assistance? Call 781 934-5774



Weekly Fitness Schedule

Pre-registration required for all fitness programs.



In-Person



Virtual

Mondays



8:00AM Power Stretch with Gretchen
9:30 AM Balance for Life with Gretchen
11:00AM Yoga Fitness with Chair Assist with Kim
12:00PM Yoga Fitness with Chair Assist with Kim
2:30PM Strength & Conditioning with Gretchen



**9:30AM
Balance for Life**
Gretchen Via Zoom

Tuesday



8:30AM Beginner Pilates with Kelly
10:00AM The Joy of Dance (Jazz) with Ellen
11:30 AM Healing Flow Yoga with Emma



1:00 PM Mindfulness Group Meditation
with Cyndi

Pop-in Pound Class 10 AM, Tues. July 7 and 14

Wednesday



9:00AM Moderate Motion with Mary
10:30AM Tai Chi Next Steps with Kathy
10:30AM Slow Flow & Restore with Susanne
11:30AM Foundations of Tai Chi & Qi Gong with Kathy
2:00PM Healing Flow Yoga with Emma
3:30PM Zumba Gold Toning with Debbie



**8:45 AM
Yoga Fitness with Chair Assist**
with Kim via Zoom

Thursday



8:00AM Power Stretch with Gretchen
9:00 AM Mindful Movement and Slow Flow with Emma
9:30AM Balance for Life with Chair Assist with Gretchen
11:00AM Empower Movement with Mary Fran
2:30PM Strength & Conditioning with Gretchen



**9:30AM
Balance for Life with Chair Assist**
Gretchen Via Zoom

Pop-in Pound Class 10 AM, Thurs. July 9 and 16

Friday



9:00AM Moderate Motion with Mary
9:00AM Gentle Stretch & Flow Yoga with Colleen
10:30AM Healing Flow Yoga with Emma

To register for Fitness classes, visit
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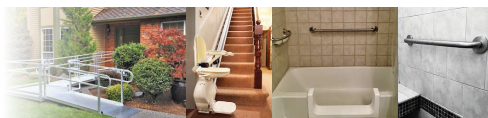


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The Center, Duxbury, MA

04-0685

Social Games & Community



Circle of Friends Conversation + Refreshments



Mon. July 6 & 20 • 1:00–2:30 PM

A friendly, low-pressure way to connect—
great for new faces and longtime members.

The South Shore Bay Band, Outdoor Concert



Wednesday, July 11 • 6 - 8 PM

Outdoor summer concerts at The Center are back! Join us for an outdoor concert with the ever-favorite South Shore Band!



Beach Bound - Center Beach Trips!



Tuesdays, July 14 and 28

No beach sticker? No beach chair? No problem!
Enjoy Duxbury Beach with friends. Our bus will leave
The Center at 9 and return at 11:30 AM.



Lobster Dinner Lottery



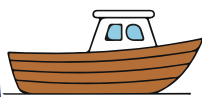
Thurs. July 16 • Drive Thru Pick Up - 4:30 - 5:30 PM, \$20

Back again for summer dining fun! Drop your entry in the Lobster Pot in the Lobby between June 29–July 8. You may include up to 4 names per entry, but each person may only enter once. Winners will be drawn at random on July 8 and notified by July 13 for payment. Another lottery will be held August 3–7 for the August 20 dinner.

Visit Clark's Island



Saturday, August 1 • 11:45 AM to 3PM



Visit beautiful Clark's Island and discover its colorful history while enjoying a picnic lunch by the water. This special outing is limited to Duxbury residents and is weather-dependent. Space is limited, and for safety, participants must be able to board a launch boat, navigate a floating pier, and walk on uneven terrain. Picnic lunch is available for \$15.

Weekly Clubs & Drop-Ins

MONDAY

Crafty Ladies

10 AM–Noon

Bingo

4th Monday at 1 PM

TUESDAY

Rug Hookers

9 AM–Noon

ROOTS Genealogy

1–3 PM

Cribbage

1–3 PM

WEDNESDAY

Blood Pressure Clinic

11 AM to 1 PM

Drop-in Bocce

1–3 PM

Tech Time

2–4 PM by appointment

Whist* – Drop in

1:30 PM – 3:30 PM

THURSDAY

Social Bridge*

10–Noon

Mah Jongg*

Drop in 1–4PM

FRIDAY

Chess

10 AM–Noon

TOPS

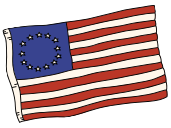
9–11 AM

To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?
Call 781 934-5774



*For players with some experience.

Learning & Living Well



Four Duxborough Tales of the Revolution



Wednesday, July 1 • 2 PM

Join Town Historian Tony Kelso for 4 Duxborough Tales of the Revolution, an engaging look at four local stories from the Revolutionary era that shaped Duxbury.

Salsa for Starters



Thursdays in July, 9, 16, and 23 at 2:00 PM

Join our beginner Salsa Dance Class at The Center and learn the basics of salsa in a fun, welcoming environment! No experience or partner needed--just bring your energy and get ready to move to the rhythm while building confidence on the dance floor. \$15 for all three classes.



Afternoon Movie: Hamnet



Tuesday, July 14 • 2:00 to 4:00 PM

Join us for a screening and discussion of Hamnet, the acclaimed historical drama inspired by Maggie O'Farrell's bestselling novel. Set in 16th-century England, the film imagines the family life of William Shakespeare and the profound loss that inspired one of his greatest works. A moving story of love, grief, and creativity.

iPhone Essentials



Friday, July 31 and Thus. August 27 • 1:30 PM

Join KevTech Services for a class covering a variety of tools and features built into the iPhone and iPad. In July, explore Find My Friends, Wallet, and the Translate app. The August session will feature the flashlight, timer, calculator, and alarm. \$15 per class, register for each separately.



Birds of a Feather: Shore Birds



Tuesday, July 21 • 1:00 PM

Discover the birds that make the beach, lakes, and rivers their homes. Learn ways you can identify them, what they eat, and how they survive our environment.

Beer Can Museum



Friday, August 7 • 10:30 AM



From Billy Beer to Blatz; From Harvard Ale to Haffenreffer, from Ballantine to Black Label, join us for a nostalgic look at the History of the Beer Can, along with a unique pop-up museum experience at The Center.

To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?
Call 781 934-5774



At Your Service



Hearing Clinic with At Home Hearing Healthcare

Call The Center today to make a complimentary appointment for a hearing screening or hearing aid cleaning. The next clinic is on July 20.



Legal Advice

Most Fridays, we offer complimentary 15-minute appointments with local attorneys.



Grief Support with Cranberry Hospice

Contact Bonnie Banks at Cranberry Hospice to join the next session. Groups meet at The Center on Thursdays from 10–11:30



SHINE Consultations

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Free, unbiased help for Medicare beneficiaries and caregivers to navigate complex health insurance.



Meet with Your Representatives

- Senator Patrick O'Connor, on the third Tuesday of the month from 12:00–1:00 PM
- Representative Ken Sweezey, on the third Friday on the month, from 9:00– 11:00 AM



Care Solace and our Mental Health Navigator

A no cost to you 24/7/365 Mental Health and Social Service Care Coordination Service for the Town of Duxbury. 1 (888) 515-7881, caresolace.com/ma-duxbury, or contact our Mental Health Navigator Ellen Jones, ext. 5551. She has office hours on Fridays from 8–12 PM



Foot Care with Donna Golden, Certified NP/Foot Care Specialist

2nd Thursday of Each Month • \$40 Fee to Town of Duxbury due at check-in

Donna Golden specializes in keeping all feet healthy, including for medically compromised or diabetic patients. Call the front desk to schedule your appointment.



You and Eye: Low Vision Support Group (Plymouth)

2nd Tuesday of each month • 10:00–11:30 AM

Registration appreciated; drop-ins welcome

A peer-led group for people with low vision and other sight limitations—resources, solutions, and shared experience.

Register. Call **508-830-4230** Location: **44 Nook Rd, Plymouth**

Health, Wellness & Support



Caregiver Support Group

 **Mondays from 1:45 to 3 PM**

6-week session starting Monday, July 13. Call Molly to register 781-934-7444, etc. 5730.

Honoring the Earth From Above

 **Wednesday, July 1 • 10:00 AM**



See the earth from a unique art-filled perspective! Enjoy a presentation by Margot Cheel, Fine Art Aerial Photographer.

Embrace Better Health: Healing Tidbits for Pain, Digestion, Stress and More

 **Mondays, July 6 & 13**

 **In-person 10:00–11:00 AM • Virtual 1:00 to 2:00 PM • \$10**

Monday miniseries led by certified energy medicine practitioner, Nancy Denman. Participatory, fun, and informative techniques for all ability levels.



A Cup of Community with Molly



 **Wednesday, July 15 • 2:30 to 3:30**

Looking for a friendly chat? Stop by for tea with Molly, The Center's Community Services Manager. Learn about programs and resources, meet new people, and enjoy a relaxed and welcoming space.

You the Owners Manual: Super Agers

 **Monday, July 13 • 11 AM**

What are the characteristics of a Super Ager? What type of lifestyle does a Super Ager live? Join Sharon for a short presentation, viewing of the film, "Super Agers, Getting Old, Living Young", and a discussion on ways to change our lifestyles in order to add health to our years. This is a repeat program from 2025...but worth repeating!



LGBTQ Pizza and Planning

 **Thursday, July 30 • 3:00 PM**



Join us for a casual meeting with pizza and snacks to plan LGBTQ events for the year.



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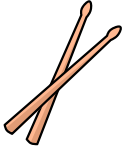
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Health, Wellness & Support



Pop-Up Pound Fitness Class



Tues. and Thurs, July 7, 9, 14, and 16

Join Sharon for a workout that combines cardio interval training with drumming. Designed for all fitness levels. Drop in and pay as you go! \$5.00 per class.

Duxbury Talks with the Deputy Fire Chief



Wed. July 8 • 11 AM



Join Deputy Fire Chief Brian Monahan for a conversation about fire safety and the many ways the Duxbury Fire Department serves and protects the community. Bring your questions and learn more about the department's vital role in keeping residents safe 24/7.

Cooking for One



Friday, July 10 at 11 AM

Cooking for one doesn't have to mean complicated meals or endless leftovers. Join Registered Dietitian Tara Hammes, for practical tips, simple recipes, and smart shopping strategies to help make solo cooking easy, nutritious, and enjoyable.



Mental Health Talk: Anxiety



Tuesday, July 14 at 1:00 PM

When does anxiety become more than just worrying? Amy Jorud, LICSW, Senior Behavioral Health Unit at BID Plymouth, will discuss what anxiety is and what its signs and symptoms are, and what you can do to improve how you are feeling.

Duxbury Walks with Tony Kelso



Wednesday, July 15 • 10 AM

Come have a breezy cool walk on the special property of the Sisters of St. Margaret's and learn how part of their land became Duxbury's Town Green.



Tips from the PTs: The Importance of Movement as we Age



Thursday, July 16 at 11:30 AM

Movement is one of the best tools for healthy aging. Join Baystate physical therapists for helpful tips and easy strategies to keep your body moving, reduce stiffness, improve balance, and support everyday independence and wellness.



To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?
Call 781 934-5774



Arts, Culture & Travel



Watercolor with Patricia Rose, Independence Day Artwork



Monday, July 13 • 2 PM • \$15

Join Patricia Rose for a fun, beginner-friendly watercolor class. \$15—supplies and guided instruction included. This month's painting will be an American flag set with flowers in honor of Independence Day.

Paint and Decorate a Birdhouse



Tuesday, July 14, • 2-3:30 PM • \$10

Paint, personalize, and decorate pre-made wooden birdhouses using colorful paints and creative embellishments. No artistic experience is needed — just come ready to have fun, socialize, and create a unique piece to take home.



The Allure of Watercolor



Wed. July 15, 10:00 AM

Wed., July 22, 1:30 PM



Enjoy a selection of beautifully created images by a wide variety of successful watercolor artists throughout time--see how different approaches and techniques in the challenging medium have achieved powerful results. Join local art historian Jill Sanford for an engaging hour that will inspire you to see in new ways. *Please register for one session only.*



Pop Up Art School: Felted Seagull Hoop



Thursday, July 16, 2 - 3:30 PM

Create a wool-painted seagull scene with craft felt in an embroidery hoop. Learn simple needle felting techniques while creating a charming, coastal-inspired piece ready to hang.



Animated Film Festival



Wed., July 22 at 1-4:00 p.m.

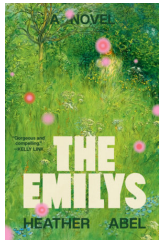
Escape the heat and enjoy three hours of classic cartoon fun at The Center! Featuring beloved animated favorites from the early days of film — including Felix the Cat, Betty Boop, Popeye, and Woody Woodpecker, — along with behind-the-scenes stories about the animators and characters that shaped cartoon history. Popcorn provided!

To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?
Call 781 934-5774



Literary Circle

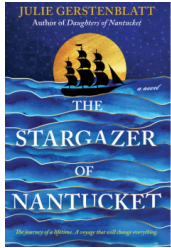
Connect, discuss, and celebrate the written word



Heather Abel, *The Emilys*

 **Wednesday, July 8 at 1:00 PM**
1:00 PM at The Center + Lunch

Luncheon \$15, Author talk is FREE and begins at 1:30.
Free lunch to anyone named Emily who attends the event!



Julie Gerstenblatt, *The Stargazer of Nantucket* (New Date)

 **Wednesday, July 29 at 1:00 p.m.**
1:00 PM at The Center + Lunch

Luncheon \$15, Author talk is FREE and begins at 1:30.



Steve Dahill, *The Loyalist*

 **Thursday, August 6 at 1:00 PM**
1:00 PM at The Center + Lunch

Luncheon \$15, Author talk is FREE and begins at 1:30.

Short Fiction and Long Conversations

 **Tuesday, July 21 • 2-4 PM**



Join Carol Jankowski and Brooke McDonough for a discussion of short fiction featuring *The English Understand Wool* by Helen DeWitt, Grace Paley's *Wants*, and Jessica Treadway's *First Day* from *I Felt My Life with Both Hands*.



Books with Friends – The Bookclub that Comes to You

 **Wednesday, July 22 at 3:00 PM on Zoom**

Join Books with Friends, a new virtual book club hosted by The Duxbury Free Library in collaboration with The Center. The July book discussion will be about *Annie Bot*, by Sierra Greer. For registration and book information, go to duxburyfreelibrary.org

booked.

Enjoy author events in partnership with Booked, a local independent bookstore, offering the community an opportunity to connect with writers, explore new books, and celebrate the joy of reading.

How to Register

To register, visit thecenterduxbury.org
Click Register Now, or **scan the QR code** below to go directly to the calendar on Schedules Plus.



To register visit thecenterduxbury.org, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?

Call 781 934-5774

Day Trips

Sit Back. Relax. Let's Go.

Enjoy stress-free summer adventures with The Center! Climb aboard our luxury air-conditioned motorcoach and travel to some of New England's favorite destinations. We're still finalizing the details for each destination, but we're excited to share our summer lineup.



July 23, 2026

Georges Island

Explore Boston Harbor history with a ferry ride, ranger-guided tour, and time to enjoy the island's scenic views and walking paths. Bring your own picnic, or buy one in advance from The Center Cafe for \$6. The cost of the trips is \$115 and includes ferry, tour, and transportation.



August 12, 2026

Kennebunkport, ME

Enjoy a relaxing summer day in this charming coastal town filled with seaside views, unique shops, galleries, and delicious dining options. The cost of the trip is \$115, and the bus leaves Duxbury at 7 am.



September, 2026

Charles River Architectural Cruise

Take in stunning views of Boston and Cambridge from the water while learning about the fascinating architecture and history along the Charles River.



Tech Help



iPhone Hands-On Workshop Class



Tuesday, July 7 • 1:00 PM to 3:00 PM

A complementary two-hour workshop is being offered covering important skills for using an **Apple iPhone**. A complementary two-hour workshop is being offered covering important skills for using an Apple iPhone.

- ✓ Download the latest OS
- ✓ Back up to the cloud
- ✓ Manage Apps (delete, organize, download)
- ✓ Take and manage photos
- ✓ Text messaging tips
- ✓ Phone and voice mail tips
- ✓ Social media apps
- ✓ Using "Find My App"

To register visit **thecenterduxbury.org**, click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance?

Call 781 934-5774



The Center Café

Healthy meals and friendly faces at The Center Café

Menu & Pricing

Breakfast

Breakfast served Mon-Fri from 8:30am to 10:30am
(Coffee available until 11:00am)

Egg Sandwich with Cheese.....	\$3.00
Add Bacon or Sausage.....	+\$1.00
English Muffin.....	\$1.00
House Baked Treats.....	\$1.00

Lunch*

Served from 11:30am to 1:00pm Monday-Thursday**

Hot Entree.....	\$6.00
Sandwich of the Day.....	\$5.00
Salad Plate.....	\$5.00
Sandwich (Turkey, Tuna, Chicken Salad)...	\$3.00
Soup.....	\$3.00/4.00

*Chips, beverages, and desserts sold separately

** Orders taken starting at 11:15

A La Cart Items

Chips & Snacks.....	\$1.00
Desserts.....	\$2.00
Brownie or Cookie.....	\$1.00

Beverages

Coffee/Tea.....	\$1.00
Bottle Drinks.....	\$1.00
Seasonal Beverages.....	\$1.00

Café Hours

Monday- Thursday
8:30 AM-1:00 PM

Friday
8:30AM-10:30AM

Looking for an easy
lunch option?

Stop by the **Lobby Window** from 11:30 a.m. –
1:00 p.m. for quick and
convenient

Grab & Go sandwiches.

Choose from turkey, tuna
salad, or chicken salad
and enjoy your lunch on
campus or take it to go!

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Inquire with Home
Delivery Manager
Abby Zelvis
(781) 934-5774
ext. 5710

Livable Duxbury University

Continuing the Conversation on Making Duxbury Livable for All Ages



LIVABLE
DUXBURY
UNIVERSITY

Community Housing: Success in Allston

 Tuesday, July 14 at 3:00 PM



Join Marika Reuling as she shares how Harvard University worked with the community to build much-needed housing. Marika is on the Livable Duxbury Housing committee.

Give & Grow: Volunteer Services



We are already planning for the Duxbury Half Marathon in April of 2027! If you have strong computer skills, are interested in working on fundraising, or have strong organizational skills, please consider working on this committee!

Also, we will be putting together the details of the annual golf tournament and will need many volunteers on the day and evening of Monday, September 21st. Please reach out if you can help.



Please contact Chris at chriscoakley@duxbury-ma.gov for more information.

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(781) 934-5774 ext. 5741

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*We're grateful for your appreciation of our drivers!
As Town employees, they do not accept tips.*

Bus Drivers: Bob Dame, Jim Dexter, Jack Breen, Don Carney, Al Dibona, Suzanne Adduci, Terry O'Grady

Please Support The Friends!

This newsletter is sponsored by The Friends of the Duxbury COA

The Friends of The Duxbury Council on Aging

It is the mission of the Friends to assist the Duxbury Council on Aging in providing services, resources, and activities for seniors in the Town of Duxbury; enriching the programs at The Center and raising, holding, and dispensing funds for the accomplishment of the goals of the Duxbury Council on Aging.

Ways to Give



Make a donation online by credit card

Visit TheCenterDuxbury.org/Donate or Scan the QR Code



Mail a Check a Payable to:

Friends of Duxbury COA
PO Box 2113, Duxbury MA 02331



Planned/Estate Giving

Designate **Friends of the Duxbury Council on Aging, Inc.**, as a beneficiary under your will or planned giving instrument.

Friends of the Duxbury Council on Aging, Inc., is a registered a 501c3 charity: Tax ID#22-2979362



Participate in Our Fundraising Events

- Annual Appeal: Happening Now!
- Duxbury Half Marathon
- Duxbury COA Golf Outing

For more information on these events or to learn how to get involved, visit **TheCenterDuxbury.org** or call 781-934-5774.

Thank you!

We are grateful for your generous gifts!

**Juanita McGranachan
Karen Pappalardo
Meg Needham
William and Nancy Melia**

Make a Donation via PayPal

Scan the QR code to donate via PayPal.



**findmass
money.gov**
UNCLAIMED PROPERTY DIVISION

**Did you know that you may have money waiting for you?
1 in 10 Massachusetts residents has unclaimed property.**

Unclaimed property can refer to an old bank account, a forgotten insurance policy, uncashed checks, a refund you didn't know about, or even a forgotten safe deposit box.



Search and claim at [Findmassmoney.gov](https://findmassmoney.gov) or call our office at 617-367-0400.
Searching for unclaimed property in your state is always free.



The Village at Duxbury

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The Center Staff Email & Phone Directory

Social Day @ (781) 934-5774

CarenHarrison@Duxbury-ma.gov ext. 5732

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Molly.delgrosso@Duxbury-ma.gov
Ellen.Jones@Duxbury-ma.gov

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Transportation

Ext. 5741

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CathyCallahan@Duxbury-ma.gov ext. 5721

Home Delivered Meals

AZelvis@duxbury-ma.gov ext. 5710
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