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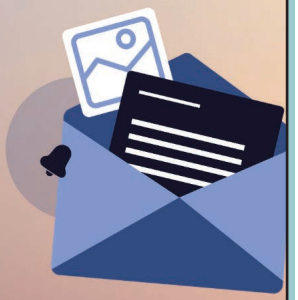


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From the Heart of The Center

Reflections from Director Joanne Moore



Feeling Thankful!

As we begin the month of November, I want to take a moment to honor and thank all of our veterans. Your service, sacrifice, courage, and bravery have helped protect the freedoms we enjoy every day. We are deeply grateful to each of you and to your families for all that you have given in service to our country.

November is also a wonderful month at The Center—filled with history, good food, Thanksgiving traditions, and the first signs of the holiday season!

We'll be setting sail for an evening of pirates and history with "Make Haste to Be Rich: Colonial Massachusetts and Piracy." Come early and get into the spirit with a light supper of Shipwreck Stew (chicken stew), Sailor's Bread, and Grog (cider) for just $5. Then stay for a fascinating look at piracy in colonial Massachusetts and the role our region played in the bustling—and sometimes dangerous—Atlantic world of the late 1600s and early 1700s.

And what would November be without Thanksgiving?

We'll be hosting Thanksgiving favorites in the café on November 19th with a Thanksgiving Dinner. Cathy, Dina, and Anne will be cooking up some of the best home cooking on the South Shore, with all the favorites—turkey, stuffing, mashed potatoes, gravy, vegetables, and all the fixings. Come hungry and enjoy a wonderful meal with friends and neighbors.

One of the things we love most about The Center is the opportunity to gather around the table, share a meal, laugh, and simply enjoy being together.

November is a month for gratitude, remembrance, friendship, and fun. We are especially thankful for all of you who make The Center such a warm, welcoming, and lively place.

So grateful!
Joanne

Help Shape the Future of Our Community!

The Massachusetts Department of Public Health wants to hear from you! Take the Community Health Equity Survey and share your experiences to help identify ways to make our communities healthier and more equitable for everyone. Your voice matters! Scan the QR code or visit mass.gov/HealthSurvey to participate.

THE CENTER
Powered by the Duxbury Council on Aging

THE CENTER
10 Mayflower Street, Duxbury, MA
Phone: **(781) 934-5774**
Website: **TheCenterDuxbury.org**

MEET THE STAFF
Joanne Moore, *Director ext. 5700*
Angela Sinnott, *Assistant Director ext. 5701*
Christine Coakley, *Mgr of Volunteers ext. 5731*
Brooke McDonough, *Media Mgr ext. 5712*
Elissa Wyllie, *Finance Manager ext. 5705*
Jim Brooks, *Custodial Staff*

Community Services
Molly DelGrosso, *Manager,* 5730
Ellen Jones, *Mental Health Navigator*, 5551
Jason Burke*, Intern ext. 5735*

Food Service
Cathy Callahan, *Manager, ext. 5721*
Abby Zelvis, *HDM Manager, ext. 5710*
Kathy Carney, *HDM Coordinator, ext. 5710*
Dina Teuten, *Café Coordinator*
Anne Irving, *Café Assistant*

Programs Team
Regan Roderigues, *Manager, ext. 5715*
Barbara Peary, *Admin Coordinator, ext. 5703*
Nancy McDermott, *Admin Coordinator, ext.5703*
Sharon Pisani, *Program Coordinator, ext. 5714*
Tony Kelso, *Program Coordinator ext. 5711*

Social Day Program
Caren Harrison, *Manager, ext. 5732*
Lisa Rooney, *Assistant*
Alyssa Brymer, Assistant

Transportation
Rebecca Mahone *ext. 5741*

The Center Hours
Mon-Thurs, 8:00 AM to 5:00 PM
Friday, 8:00 AM to noon

Program Registration opens
Monday, October 26, 2026 at 9:00 AM
Fitness Registration opens on October 15 for November classes.
Please note that The Center will be closed on Thursday, November 26 and Friday, November 27 for Thanksgiving

The Center Pop-up Resources

Active Day of Plymouth

Caring Adult Day Services for Your Loved Ones. The Active Day community of experienced professionals will keep your loved ones safe, social, and active so they can enjoy the highest quality of life.

Drop by!
Wednesday, November 18
from 11:00 to 1:00 PM, in the Front Lobby.

Update Your Bookmarks!
If you have our old website bookmarked, be sure to update it to **TheCenterDuxbury.org** so you'll always have quick access to the latest information from The Center.

Cover Photo
Photo of a Duxbury Walk excursion with Tony Kelso at The Ricker Bog.

To register for any of our programs, visit **thecenterduxbury.org,** and click Register Now, or, **scan the QR code** to go directly to the calendar**.**

Move Well

Stretch, strengthen, and energize at The Center

How to Register for Fitness Classes at The Center

- Registration opens on the 15th of each month at 9:00 AM (or the next business day if the 15th falls on a weekend or holiday).
- Register online using our Fitness & Programs Calendar, by phone, or in person at the front desk.
- Many classes fill quickly and may have wait lists. To confirm your spot, payment is required before the new month begins.
- Class fees vary by program and are based on $5 per class. You'll see all pricing when you register online, or you can ask the front desk. Occasionally, a special class may be offered at different pricing.

These guidelines help us be fair to everyone who is committed to staying active with us at The Center.



Joining Virtual (Zoom) Classes

- Virtual classes are offered live on Zoom so you can participate from home.
- You must register and pay in advance to access your Zoom link in the Virtual Center.
- Log on to the Virtual Center through our website on the day of class to join.
- If you're new to the virtual classes, our staff can help you navigate to the Virtual Center ahead of time.

Questions about which class is right for you?

Talk with our staff about beginner-friendly options and any mobility or health concerns before you register.

To register for Fitness classes, visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance? Call 781 934-5774

Weekly Fitness Schedule

Pre-registration required for all fitness programs.

In-Person Virtual

Mondays

8:00 AM Power Stretch *with Gretchen*
9:30 AM Balance for Life *with Gretchen*
11:00 AM Yoga Fitness with Chair Assist *with Kim*
12:00 PM Yoga Fitness with Chair Assist *with Kim*
2:30 PM Strength & Conditioning *with Gretchen*

9:30AM
Balance for Life
Gretchen Via Zoom

Tuesday

8:30 AM Beginner Pilates *with Kelly*
10:00 AM The Joy of Dance (Jazz) *with Ellen*
11:30 AM Healing Flow Yoga *with Emma*
2:30 PM Functional Training *with Connie*

1:00 PM Mindfulness Group Meditation
with Cyndi

Wednesday

9:00 AM Moderate Motion *with Mary*
10:30 AM Tai Chi Next Steps *with Kathy*
10:30 AM Slow Flow & Restore *with Susanne*
11:30 AM Foundations of Tai Chi & Qi Gong *with Kathy*
1:00 PM Healing Flow Yoga *with Emma*
3:30 PM Zumba Gold Toning *with Debbie*

8:45 AM
Yoga Fitness with Chair Assist
with Kim via Zoom

Thursday

8:00 AM Power Stretch *with Gretchen*
9:00 AM Mindful Movement and Slow Flow with Emma
9:30AM Balance for Life with Chair Assist with *Gretchen*
11:00 AM Functional Training *with Mary Fran*
2:30 PM Strength & Conditioning *with Gretchen*

9:30 AM
Balance for Life with Chair Assist
Gretchen Via Zoom

Friday

9:00AM Moderate Motion *with Mary*
9:00AM Gentle Stretch & Flow Yoga *with Colleen*
10:30AM Healing Flow Yoga with Emma

To register for Fitness classes, visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar.
Need assistance? Call 781 934-5774

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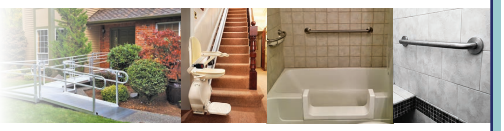
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The 2026 Annual Fund is in the mail!
Please support The Center with your most generous donation today!
Your support allows us to continue to help provide outstanding programs and services to our friends and neighbors. *Thank you!*



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Mon. Nov. 2 & Mon. Nov. 16 • 1:00 PM–2:30 PM

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Guided Bird Walk on Duxbury Beach

Thursday, November 12 • 10:00 AM, $5

Explore Duxbury Beach with Mass Audubon's Steve French and spot migrating shorebirds, winter waterfowl, and more. Bring your binoculars!



Music with Steve Lanzillotta

November 10 • 10:00 AM

Drop in for uplifting piano music with Steve Lanzillotta! On Nov. 30, Broadway favorite Rich Hebert joins Steve for Sinatra, Broadway hits, and plenty of laughs.



Grab & Go Thanksgiving Lunch

Friday, November 13 • 11:00 AM to Noon

Swing by The Center for a Thanksgiving boxed lunch from Duxbury House featuring a "Turkey Gobbler" sandwich and more. Register by November 9; lunches are limited.

Holidays with the Divas

Wednesday, December 16 • 7:30 PM
Norwell Company Theater, $45

Enjoy powerful vocalists performing seasonal favorites and popular hits in this festive holiday showcase. Limited Tickets available.

Weekly Clubs & Drop-Ins

MONDAY

Crafty Ladies

10 AM–Noon

Bingo

4th Monday at 1 PM

TUESDAY

Rug Hookers

9 AM–Noon

ROOTS Genealogy

1–3 PM

Cribbage

1–3 PM

WEDNESDAY

Blood Pressure Clinic

11 AM to 1 PM

Tech Time

2–4 PM *by appointment*

Whist* – *Drop in*

1:30 PM – 3:30 PM

THURSDAY

Social Bridge*

10–Noon

Mah Jongg*

Drop in 1–4PM

FRIDAY

Chess

10 AM–Noon

TOPS

9–11 AM

*For players with some experience.

To register visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance? Call 781 934-5774

Learning & Living Well



Makeup Techniques to Enhance Your Beauty

Monday, November 9 • 2:00 PM • $20

Join Certified Image Consultant Tatiana Tchernova for a relaxed, small-group class on creating a fresh, natural look. Learn simple makeup techniques to enhance your features, bring your questions, and leave with new skills and confidence!

"Stopping by the Woods" – The Poetry of Robert Frost

Monday, November 16 • 10:00 AM



Explore the beauty, humor, and wisdom of Robert Frost's poetry, including "Stopping by Woods on a Snowy Evening," "The Road Not Taken," "Mending Wall," and more. Come rediscover one of America's most beloved poets.



Visit the Alden House and New Exhibit

Tuesday, November 17 • 1:00 PM, $12

Visit the Alden House and its new Keyser Living History Center to explore the stories and history that shaped Duxbury. ($12 payable at The Alden House day of visit.)

Duxbury Talks: Ed Mayo

Tuesday, November 17 • 11:00 AM



This month, Tony welcomes Ed Mayo, Chair of Duxbury's Powder Point Bridge Committee, for an update on recent developments and the ongoing effort to find a solution for one of Duxbury's most beloved landmarks. Learn where things stand, what options are being considered, and what may be next for the iconic Powder Point Bridge.



Duxbury Walks: Wadsworth Stewart Property

Friday, November 20 • 10:00 AM

Join Tony Kelso for a guided walk through the beautiful Wadsworth/Stewart Property and learn about its fascinating history and preservation while enjoying the fall landscape.

To register visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance? Call 781 934-5774

At Your Service

Open Enrollment SHINE Consultations

Free, unbiased help for Medicare beneficiaries and caregivers to navigate complex health insurance. Open Enrollment is until Dec 7. Call us at 781-934-5774, ext. 5703.

Counseling Services

Psychotherapist Bruce Barrett is available for appointments at The Center Thursdays. To learn more or make an appointment, visit duxburycounseling.com or 508-591-5608.

Legal Advice

Most Fridays, we offer complimentary 15-minute appointments with local attorneys.

Hearing Clinic with At Home Hearing Healthcare

The next clinic is on November 16. Call The Center for an appointment

Grief Support with Cranberry Hospice

Contact Bonnie Banks at Cranberry Hospice to join the next session. Groups meet at The Center on Thursdays from 10-11:30

Meet with Your Representatives

- Senator Patrick O'Connor, on the third Tuesday of the month from 12:00-1:00 PM
- Representative Ken Sweezey, on the third Friday of the month, from 9:00- 11:00 AM

Care Solace and our Mental Health Navigator

A no cost to you 24/7/365 Mental Health & Social Service Care Coordination Service for the Town of Duxbury. 1 (888) 515-7881, caresolace.com/ma-duxbury, or contact our Mental Health Navigator Ellen Jones, ext. 5551. She has office hours on Fridays from 8-Noon.

Foot Care with Donna Golden, Certified NP/Foot Care Specialist

2nd Thursday of Each Month • $40 Fee to Town of Duxbury due at check-in

Donna Golden specializes in keeping all feet healthy, including for medically compromised or diabetic patients. Call the front desk to schedule your appointment.

You and Eye: Low Vision Support Group (Plymouth)

2nd Tuesday of each month • 10:00–11:30 AM
Registration appreciated; drop-ins welcome

A peer-led group for people with low vision and other sight limitations—resources, solutions, and shared experience.
Register: Call **508-830-4230** *Location*: **44 Nook Rd, Plymouth**

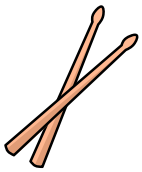
Health, Wellness & Support

Embrace Better Health: Mind Body Connection



Mondays, November 2 and 9
In-person 10:00 AM • Virtual 1:00 PM • $10

Real – Powerful-Life Changing! Learn simple techniques for all abilities in this fun, participatory and informative class.



Pop-Up Pound Fitness Class

Tuesdays, November 3 and 10 & Thurs. November 5 and 12 •10:00 AM

Join Sharon for a workout that combines cardio interval training with drumming. Designed for all fitness levels. Drop in and pay as you go! $5.00 per class.

Eating for the Management of Prediabetes & Diabetes

Friday, November 6 • 10:00 AM

Learn how food choices can support healthy blood sugar levels. Join a Stop & Shop Registered Dietitian for practical, easy-to-use tips for managing prediabetes, diabetes, or simply eating for better health.





Medicaid Planning and Nursing Homes

Tuesday, November 17 • 1:00 PM

Join us for an informative conversation with Woodford Medicaid Consultants about Medicaid planning and nursing homes. We will also be joined by an attorney who will provide legal tips for Medicaid planning



Wellness Wednesdays

Wednesdays, November 18 & 25• 8:15 AM to 8:45 AM

Join Joanne and Brooke for a gentle start to your day! From the comfort of a chair, we'll stretch, move, and practice simple breathing exercises to help you feel relaxed, refreshed, and ready for the day. Inspired by yoga—but no yoga experience needed!

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Arts & Culture



Someone's in the Kitchen with Puppets—and Paul & Mary!

Tuesday, November 3 • 3:30 PM, $5.00

Join our favorite puppet friends for an afternoon of cooking, music, and fun! This program takes place on a day off from Duxbury Schools. Families welcome!

Our Rich History: "Make Haste to be Rich," Colonial Massachusetts and Piracy with Owen Marshall

Tuesday, November 10 • Light supper begins at 5:00 PM (Shipwreck Stew and Crusty Bread). The talk begins at 6:00 PM, $5.00



Piracy flourished along the Atlantic coast during the 17th and 18th centuries, fueled by European wars and colonial expansion. Explore how Massachusetts officials, merchants, preachers, and sailors confronted—and interacted with—pirates from 1675–1726.



Flower Arranging with Sarah Beattie

Thurs., November 12 • 2:00 PM to 4:00 PM • $65

Join floral designer Sarah Beattie, former owner of Duxbury's Consider The Lilies, for a hands-on holiday floral workshop. Learn professional techniques while creating a festive centerpiece to take home. Cost: $65; all materials included.



Create Your Own Mini Accordion Book

Friday, November 13 • 10:00 AM to Noon • $15

Have fun with Mandy making your own collaged accordion book with ribbon ties. Bring an idea for a theme (or not!) and any collage material you think you may want to use. Mandy will provide the structure and lots of collage supplies

Gallery Visit with Local Watercolor Artist Kathy Ferrara

Tuesday, November 10 • 10:15 AM



Join us for a small-group visit to the Helen Bumpus Gallery at the Duxbury Free Library to see local watercolor artist Kathy Ferrara's exhibit. We'll take The Center bus together. Registration required. The exhibit runs November–December.

To register visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance? Call 781 934-5774

Arts & Culture

Historic Preservation In Plymouth

Thursday, November 12 • 11:00 AM

Join Connor Anderson, Historic Resources Coordinator for the Town of Plymouth, for a look at how "America's Hometown" preserves its rich history through historic collections, public records, and digital archives.

Artists of Provincetown with Laura Shabott

Thursday, November 12• 3:00 PM



Laura Shabott, contemporary painter, teacher, and lecturer on Provincetown art history, explores the LGBTQ+ artists who helped shape Provincetown's celebrated art scene.

Art for Your Mind: Why So Famous?

Wednesday, November 18 • 10:00 AM

Wednesday, November 25 • 1:30 PM

Why do some artworks become famous? Explore iconic works by Da Vinci, Monet, Van Gogh, Picasso, O'Keeffe, Warhol, and more with local art historian Jill Sanford—and discover new ways of seeing art.

The Land Across the Bay by Tony Kelso



Wednesday, November 25• 10:00 AM

While Thanksgiving preparations are underway, take a little time to discover the story of Duxbury's beginnings. Join local historian Tony Kelso for The Land Across the Bay, an engaging look at Duxbury's earliest days and the people that shaped our community.

The Center's Got Talent

Tuesday, November 24 • 1:00 PM





A Variety Show Featuring the Talents of Our Patrons & Staff

Get ready for an afternoon of fun, music, laughter, and surprises! Take the stage or cheer from the audience as Center patrons and staff show off their talents.

Want to perform? We'd love to have you!
Contact Regan at ReganRoderigues@duxbury-ma.gov.

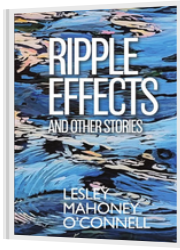
Not a performer? Come join the fun and cheer on your friends and neighbors!

To register visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance? Call 781 934-5774

Literary Circle

Connect, discuss, and celebrate the written word

DUXBURY LITERARY CIRCLE



Lesley Mahoney O'Connell, *Ripple Effects*

Thursday, November 5
3:00 PM at The Center

No cost to attend, complimentary afternoon tea



Elizabeth Searle, *Lock Her Up*

Tuesday, November 10
1:00 PM at The Center

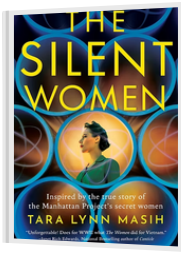
Luncheon $15, Author talk is FREE and begins at 1:30.



Katherine Sherbrooke, This Much is True

Monday, November 16
3:00 PM at The Center

No cost to attend, complimentary afternoon tea



Tara Lynn Masih, *The Silent Women*

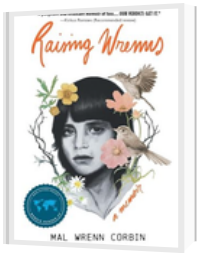
Thursday, November 19
1:00 PM at The Center + Lunch

Luncheon $15, Author talk is FREE and begins at 1:30.

booked.

Enjoy author events in partnership with Booked, a local independent bookstore, offering the community an opportunity to connect with writers, explore new books, and celebrate the joy of reading.





Val Wooley, *Swimming Towards Home: A Memoir*

Mal Wrenn Corbin, *Raising Wrenns: A Memoir*

Wednesday, December 2 at 3:00 p.m.

No cost to attend, complimentary afternoon tea

To register visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance? Call 781 934-5774

Health, Wellness & Support

Caregiver Support Group

Monday, 11/2, 11/9, 11/16, and 11/23 from 1:45 to 3:00 PM

This Caregiver Support Group is intended for active caregivers caring for a loved one with Alzheimer's or related dementia.

Blue Cross Blue Shield Medicare Questions

Wednesday, November 4 • 2PM

If you're a Blue Cross member or considering a change to your Medicare health plan, join us to learn about 2027 Blue Cross Blue Shield Medicare options, including Medex Medicare Supplement plans and Part D prescription drug coverage.

Understanding Behaviors and Communicating Effectively with People Living with Dementia

Tuesday, November 17 • 3:00 PM

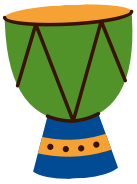


Join The Center and the Alzheimer's Association for an informative program on understanding and responding to dementia-related behaviors and communicating effectively. Learn how behavior can be a form of communication, practical non-medical approaches to challenging behaviors, and helpful strategies for communicating with people living with dementia, family members, and health care professionals.

LGBTQ Lunch & Learn: Aging with Joy

Thursday, November 19 • Noon • $15

Enjoy lunch while Bridgewater State University professor Breana Bietsch shares insights from her research on joy and well-being among LGBTQ+ older adults, followed by an open community discussion.



Drum Circle (with Ed Sorrentino)

Friday, November 20 • 11:00 AM • $10

Join us for a fun and uplifting drum circle! Drumming can reduce stress, boost mood, and support overall well-being. No experience is needed—just come ready to connect, express yourself, and enjoy the rhythm!

To register visit **thecenterduxbury.org,** click Register Now, or **scan the QR code** to go directly to the calendar. Need assistance? Call 781 934-5774

The Center Café

Healthy meals and friendly faces at The Center Café



Menu & Pricing

Breakfast

Breakfast served Mon-Fri from 8:30am to 10:30am
(Coffee available until 11:00am)

Egg Sandwich with Cheese..... $3.00
Add Bacon or Sausage.....+$1.00
English Muffin..... $1.00
House Baked Treats..... $1.00

Lunch*

*Served from 11:30am to 1:00pm Monday-Thursday***

Hot Entree..... $6.00
Sandwich of the Day..... $5.00
Salad Plate..... $5.00
Sandwich *(Turkey, Tuna, Chicken Salad)*... $3.00
Soup.....$3.00/4.00

**Chips, beverages, and desserts sold separately*

A La Carte Items

Chips & Snacks..... $1.00
Desserts.....$2.00
Brownie or Cookie..... $1.00

Beverages

Coffee/Tea..... $1.00
Bottle Drinks..... $1.00
Seasonal Beverages.....$1.00

Café Hours

Monday
8:30AM-1:00PM

Tuesday
8:30AM-1:00PM

Wednesday
8:30AM-1:00PM

Thursday
8:30AM-1:00PM

Friday
8:30AM-10:30AM

Be sure to check our website daily for that day's sandwich and entrée offerings.

Please Note:
The Cafe will be closed on Nov 18.

Home Plates

Bringing healthy meals and kindness to your doorstep.

Inquire with Home Delivery Manager
Abby Zelvis
(781) 934-5774
ext. 5710

Livable Duxbury University

Continuing the Conversation on Making Duxbury Livable for All Ages

LIVABLE DUXBURY UNIVERSITY



Downsize and Decluttering by AARP

Thursday, November 12 • 2:00 PM

Learn 10 easy tips for downsizing and decluttering to get organized, simplify your space, and have fun doing it!

Calm Cool and Collected: A Caregiver's Survival Guide

Thursday, November 19 • 2:00 PM

Learn practical caregiving strategies, helpful resources, and ways to build a strong support circle for you and your loved one.





Beyond the Blues: Understanding Depression

Wednesday, November 4 • 11:00 AM

Join Duxbury Counseling for a conversation about depression, emotional well-being, recognizing the signs, and finding support.

Take the Mystery Out of 40B Housing



Tuesday, December 1• 3:00 PM

Local experts will talk about 40B housing and answer questions about what it is and what it isn't.

Give & Grow: Volunteer Services

Are you interested in working in a Town of Duxbury department in 2027 in exchange for a tax abatement? Learn more about the **Senior/Veteran Tax Work Off Program** and see if you are eligible to apply by going to the Volunteer tab at TheCenterDuxbury.org or contacting **chriscoakley@duxbury-ma.gov.**

The job posting will close on December 31st.

Free Medical & Day-to-Day Transportation

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Please Support The Friends!

This newsletter is sponsored by The Friends of the Duxbury COA

The Friends of The Duxbury Council on Aging

It is the mission of the Friends to assist the Duxbury Council on Aging in providing services, resources, and activities for seniors in the Town of Duxbury; enriching the programs at The Center and raising, holding, and dispensing funds for the accomplishment of the goals of the Duxbury Council on Aging.

Ways to Give



Make a donation online by credit card

Visit TheCenterDuxbury.org/Donate or Scan the QR Code



Mail a Check Payable to:

Friends of Duxbury COA
PO Box 2113, Duxbury MA 02331



Planned/Estate Giving

Designate **Friends of the Duxbury Council on Aging, Inc.**, as a beneficiary under your will or planned giving instrument.

Friends of the Duxbury Council on Aging, Inc., is a registered a 501(c)(3) charity: Tax ID#22-2979362



Participate in Our Fundraising Events

- Annual Appeal: Happening Now!
- Duxbury Half Marathon
- Duxbury COA Golf Outing

For more information on these events or to learn how to get involved, visit **TheCenterDuxbury.org** or call 781-934-5774.

Thank you!

We are grateful for your generous gifts!

Joanne Washburn
In Memory of
Nathalie Logan

Make a Donation via PayPal

Scan the QR code to donate via PayPal.

findmass money.gov
UNCLAIMED PROPERTY DIVISION

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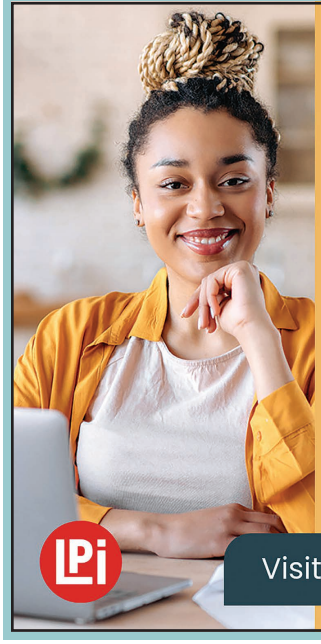
Sue Sells Seashells by the Seashore
I love painting beach-found shells with beautiful scenes and pet portraits. Small, medium & large shells become one-of-a-kind earrings, necklaces, ornaments & more.
All of these I paint with love :)

Susan Cook Thanas
603-340-1899
sthanas2001@gmail.com

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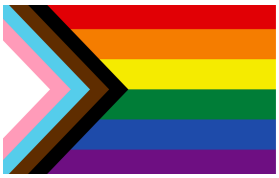
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The Center Staff Email & Phone Directory

@ (781) 934-5774

Social Day
CarenHarrison@Duxbury-ma.gov *ext. 5732*
Community Services
Molly DelGrosso
Molly.delgrosso@Duxbury-ma.gov
Ellen.Jones@Duxbury-ma.gov
Volunteering
ChrisCoakley@Duxbury-ma.gov *ext. 5731*
Transportation
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Food Service
CathyCallahan@Duxbury-ma.gov *ext. 5721*
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Front Desk/Registration
programs@duxbury-ma.gov ext. 5703
Programs
ReganRoderigues@Duxbury-ma.gov *ext. 5715*
SPisani@Duxbury-ma.gov *ext. 5714*
TKelso@Duxbury-ma.gov *ext. 5711*
Finance
ElissaWyllie@Duxbury-ma.gov *ext. 5705*
Administration
JoanneMoore@Duxbury-ma.gov *ext. 5700*
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